
Zonta Club of Harrisburg-Hershey September 2025 Newsletter

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Zonta Club of Harrisburg-Hershey <messages+mlgz0kdyb92zm@squaremtg.com>

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Reply-To: Zonta Club of Harrisburg-Hershey

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To: kgates808@gmail.com

Have questions? Reply to this email and we'll respond as soon as possible.

**ZONTA****CLUB OF
HARRISBURG-HERSHEY****President Greetings**

Greetings! I hope you all had a fun summer. I look forward to getting back into the routine of our monthly meetings, working on service, advocacy and fundraising events and seeing everyone on a regular basis again.

Our first membership meeting will be held at the Camp Hill Giant on Wednesday, September 10th, starting with a social at 5:30 pm followed by a lite dinner at 6:00 pm. If you won't be joining us or are bringing a guest for the meeting, please contact Deb Crum and me by Monday, September 8. See information about the speaker later in this newsletter.

The committees have been meeting throughout the summer and making plans for the year. Committee Chairs will give updates of events planned for September and the next couple of months at the September Business meeting. If you would like to sign up for a committee, you still have time. The committee chairs are

Advocacy – Heather Jackson**Finance and Fundraising** – Deb Crum**Membership/PR** – Kathy Gates**Program** – Heather Jackson**Service** – Alice Kirchner

I believe effective committees are essential for building leadership and ensuring the sustainability of our club.

September is Hunger Action Month; the Advocacy and Program committees have planned for Food Insecurity to be one of the themes for our club this year. We will hold a rally at the State Capitol on Monday, November 17th with the theme of "Zonta says 'No' to Violence Against Women" with a focus of Food Insecurity. We are compiling a list of like-minded organizations to collaborate with and invite them to the rally this year.

District 3 Call to Conference was e-mailed to everyone on August 9th with some very important items for discussion at the conference in October. I will be the delegate with the vote for our club. One of the proposals is an increase in the D3 annual dues. We created a survey which I hope all of you took the time to fill out and we will discuss the results at the September meeting. Also, we will put together a Silent Auction basket of Central PA items for the conference. If you would like to donate an item or two for the basket, please bring it to the September meeting. Suggested items are Hershey foods candy or cocoa, UTZ or Snyder products, Amish products, etc.

Please be sure to respond to the e-mail dated August 13 from me and mark the "Save the Dates" on your calendars. There are a lot of exciting events happening this year. Invite your friends and colleagues to join us for a meeting or event.

Kathy Gates, President

September 10, 2025 Membership Meeting - Program Speaker

Katie Kerr, Government Relations Coordinator



Katie Kerr is the Government Relations Coordinator at the Central Pennsylvania Food Bank, where she advocates for programs that support the charitable food network. While a student at West Chester University, Katie developed a passion for addressing basic need insecurity and continues to champion programs that support neighbors.

Additionally, Katie is a board member of the Period Project Harrisburg, an organization dedicated to addressing period poverty in central Pennsylvania.

Bring the PROTEIN!!

Please consider supporting the **Central PA Food Bank** with your donation of protein foods at our **September 10 meeting**, held at the **Giant, Camp Hill**.



Zonta advocacy is an action taken in the public interest or for the greater good with respect to advancing the status of women and girls and their human rights. The Zonta Club of Harrisburg-Hershey Advocacy committee is hard at work. Throughout the year we will help bring attention to the role that food insecurity, domestic violence and human trafficking have in blocking the human rights of women and girls and partner with individuals and organizations who are working to address these issues.

We are looking for members to assist and attend the following events:

- **Monday, September 29** is Food Insecurity Theme night at the FNB ballpark on City Island with members of the PA House of Representatives playing each other. Zonta will have a table with information brochures and posters; let Heather know if you will be participating. More info is at capitolallstars.com
- If you can walk a mile (or cheer!), join us **Tuesday, October 7** in Veterans Square in Carlisle to help YWCA raise funds as part of their **WALK THE MILE Because HERstory Counts**. "This is a community-wide stand against sexual assault, violence against women and girls, and the silence that too often surrounds it." Kathy Gates is coordinating our participation - please let her know if you can join.
- We are holding our *Zonta Says NO to Violence against Women* press conference on **Monday, November 17** at the Capitol with the theme of food insecurity. More info to come so for now, just add it to your calendars.

Plan a meal on **September 17** and support Golden Z's fund raiser at Chipotle's restaurant on Union Deposit Rd, 5 to 9pm, eat in or takeout. The money helps Golden Z with their service projects. Online orders use code QE4N2M or show the flyer, available on club calendar (use 'Club Calendar' button at the bottom of the newsletter) for this September 17 event. Hope you can participate!

The image contains four promotional flyers for Zonta Club events. The top-left flyer is for the 'Capitol All-Stars Game 2025' on Monday, September 29 at 5:30 pm at FNB Field, City Island, Harrisburg. It includes a 'Brief History' section. The top-right flyer is for 'ZONTA SAYS NO TO VIOLENCE AGAINST WOMEN' on Monday, November 17, 2025 at 12 noon in the Main Rotunda of the State Capitol. The bottom-left flyer is for 'WALK THE MILE Because HERstory Counts' on Tuesday, October 7, 2025 at 5:00 pm - 6:30 pm at Veteran's Square, Carlisle PA. The bottom-right flyer is for a 'Zonta says "No" to Violence Against Women" Press Conference focused on FOOD INSECURITY' on Monday, November 17, 2025 at 12 noon in the Main Rotunda of the State Capitol.

Membership

If you know of someone who would like to learn more about the Zonta Club mission and service opportunities, invite them to attend the September 10th meeting to hear an update from the Central PA Food bank. September is Hunger Action Month.

The Membership Committee met in August to discuss ways we can promote the Zonta Club activities to the community to increase our membership. We are looking into a library display at several locations in our region.

September Zonta Anniversaries: Judy Redlawsk - 9/1/1981, Kathy Gates - 9/10/2015

September Birthdays: Mandi Fratini



Service Grants

We are preparing to distribute the announcement of Service Grants to 501C3 organizations in Central PA counties (Cumberland, Dauphin, Lancaster, Lebanon, Perry, and/or York). The Advocacy Committee is working hard to identify agencies who are involved in programs focused on *food insecurity*, addressing *domestic violence and human trafficking* issues and survivors. Please contact Alice if you have a specific suggestion for an agency who meets Zonta's goal of improving the quality of life for women and/or girls who should receive the Service Grant information. Please provide the organization name, contact person, mailing address and email address to her by September 8.

In addition to donating funds, we have several opportunities to give back to our community by donating time to the following organizations. Please look at your calendar and see if there is a place where you can share some of your time with them; we've looked for opportunities during weekdays, weekends and evenings. There are lots of opportunities - select the dates, times and activities that best fit your personal abilities.

Mission Central

Mission Central is located at [5 Pleasant View Drive](#) in Mechanicsburg and has served over 8.7 million folks in the US and around the world, providing essential care in times of disaster. Right now, there are some Critical Needs - such as, spiral notebooks, composition books 2-pocket folders w/ 3 prongs plus a list of items to go into their Cleaning Kits and Buckets.

We will be volunteering at Mission Central on **Tuesday, October 14th from 9am - 12pm**. Please visit their website at missioncentral.org.

Libby Urie Food Pantry at the Jewish Family Services of Greater Harrisburg

The food pantry supports anyone who needs food. Annually, they distribute about 10,000 lbs. of food to our vicinity. This is a unique facility because the client's 'shop' and choose what products they need. As a volunteer, you may assist clients, help with stocking shelves, and/or put away nonperishable food that has come into the pantry. Please visit their web site at: jsofthbg.org/food-donation.

Here are dates and times to volunteer at the Libby Urie Food Pantry, located at 2994 N. 2nd Street in uptown Harrisburg. Our Club will sponsor a volunteer service day at the food pantry on **Thursday, November 6**.

TUESDAYS - 12 - 4:30 pm	THURSDAYS - 10 - 2:30
October 21	October 9, 16, 23, 30
November 4, 11	November 6, 13, 20
December 2	December 4

Please note: Mission Central and Libby Urie Food Pantry are looking for donations of various items which can be found on their websites. Please email Suzanne if you can volunteer with any of these community projects.

HANNA's Pantry

HANNA's Pantry has grown from a small, school pantry operating out of a closet to a large-scale, community operation that serves over 40,000 pounds of groceries to more than 700 families each month, in an innovative and culturally respectful way that sets new standards for community food pantries.

HANNA's Pantry provides food at no cost to Susquehanna Township residents two Saturdays each month, based on family size and income range. Volunteers distribute groceries to pantry members at Saturday distributions, prepare items for distributions during the week, stock deliveries, inventory, work with student volunteers, maintain the vegetable garden, and much more. Both day and evening opportunities are available in addition to their bi-monthly Saturday morning distributions.

There are multiple volunteer slots available for Saturdays in October, 9:30am – 12:15pm and we'd like to have a group of Zontians on hand to assist. Are you interested and available? Please let Alice know if you can join us on **October 25**.

DVSCP Share a Meal Program

DVSCP looks for volunteer groups to provide meals for our shelter clients during support groups on Tuesdays in 2025! Having lunch provided for the survivors participating in numerous therapeutic and support groups has been so helpful and

something that the survivors truly enjoy. This has given them a space to socialize and build relationships.

We plan on serving approximately 10 adults and 5 children, unless otherwise notified by coordinator. Lunch should be ready by 11:15 a.m. We can food prep there or bring it and set it up.

ZCHH volunteered for **Tuesday, September 30** (baseball game food) and **Tuesday, October 28** (Fall comfort food). Please sign up with Alice to provide a food item and/or to be part of the team who sets it up on those dates.

Fundraising



This is a great, easy fund-raiser. We get to visit with one another in the beautiful fall weather and raise money while providing a convenience to festival attendees. Parking for the New Cumberland Apple Festival is always limited so we are fortunate to have a couple of prime locations. We guide drivers to park their cars in a couple of different lots.

They receive a thank you note that talks about Zonta and our mission as they pay us \$5.00 for the convenience and to support us! This year we are adding a donation QR code to the handout - thanks Amy M. for the suggestion!

We have 2 locations for parking this year and typically staff them from 8am - 2pm. A couple of hours or all day help is appreciated and you are encouraged to bring your friends, spouses or significant others -18+).

Please email Deb Crum at dlc13@comcast.net to let her know if you are able to help and the hours you are available by September 10th so we can get a schedule together. Also let her know if you would like to go to Nick's afterwards. We will be in touch with all volunteers via email closer to the event with additional details to make the most of the day.

FUTURE FUNDRAISING PLANS:

Holiday Wreath Fundraiser October-November 2025

Holiday Pecan Fundraiser October-November 2025

Details will be available shortly for dates, pricing and distribution plans for the wreaths and pecans.

Save the date: Zonta Bingo - April 18, 2026

A donation in honor of birthdays, anniversaries or other special events is a great way to support the Foundation throughout the year. Donations to the Zonta Club of Harrisburg-Hershey Foundation may be sent anytime to:

Zonta Club of Harrisburg-Hershey Foundation

P.O. Box 590 ~ Hummelstown, Pa 17036

Thank you for helping to *build a better world for women and girls!*

Did you know food insecurity is everywhere?

**Stand with 50 Million
Neighbors Facing
Hunger**

Food insecurity touches every community. You can make a difference today.

More than 50 million people turned to food banks—more than at any point in the last decade. In every community, people are working hard to feed their families. Each person is our neighbor. And each person deserves the nutritious food we all need to thrive.



[CLUB CALENDAR](#)

[VISIT OUR WEBSITE](#)

National DV Hotline [1-800-799-7233](tel:1-800-799-7233)
National Trafficking Hotline [1-888-373-7888](tel:1-888-373-7888)

[P.O. Box 590, Hummelstown, PA, 17036](#)

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Kathy Gates <kgates808@gmail.com>

Sat, Aug :

To:

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Very informative. Thanks.

Sincerely,
Kathy Gates

On Aug 29, 2025, at 6:05 PM, Zonta Club of Harrisburg-Hershey <messages+mlgz0kdyb92zm@squaremktg.com> wrote:

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